



Well-being at the Boarding House

While we aspire to providing an environment dedicated to educational success, the physical and emotional well-being of our students is our primary concern. By placing your child in our boarding school, you are entrusting us with their care, and we take this very seriously.

- Dedicated and experienced boarding staff live alongside the children, providing daily support and guidance. The House Parents are available 24 hours a day and maintain an open-door approach, so students are always welcome to discuss any concerns they may have.
- To further support our students' health on all levels, an on-site nurse and school counsellor are available to our students. Boarding staff members are trained to administer medicines and care for non-serious issues. The school has close access to medical centres and hospitals with whom we have an excellent relationship, should more serious health issues require expert care. All international boarding students sign up for a private Health Insurance Plan.
- Our goal is for each student to graduate with healthy and beneficial habits so they can lead fulfilled, successful lives.

Nutritious Food Plans

- Good health starts in the kitchen. At The International School of Paphos, we understand how good nutrition affects every aspect of a student's life. We employ an expert catering service that provides many healthy food options, including those for special dietary requirements. If your child has any special food needs, please discuss the details with us during the application stage. We will make every effort to cater for your child's needs.
- In addition to a nutrition-focused dining plan, we help students establish healthy practices around food and eating. We incorporate cooking classes into the boarding routine and organise themed meals that celebrate our multi-cultural student body.

A Balanced Schedule

- At The International School of Paphos, we strike a balance between work and play. We equip students to excel in the classroom and apply their knowledge to every area of life. In addition, we encourage them to pursue personal interests and adventurous activities, including making friends, participating in hobbies and enjoying leisure-time. We strive to help students establish a healthy balance that they can sustain in their future.
- We offer a variety of extracurricular activities, including sports, science clubs and the arts. Every year, students have the opportunity to participate in overseas excursions and numerous local outings and for involvement in activities. Working towards common goals helps students deepen friendships and establish a sense of community.
- A typical student's schedule reflects healthy harmony between work and enjoyment. In addition to classes and study time, students have blocks in their schedule for extracurricular activities and free time. During the weekends, students can enjoy organised trips and their own creative pursuits. We inspire students to find a balance that is suitable for each of them, including connecting with friends on campus and participating in approved excursions into the local community.

